

Emergency Food Resources

Catholic Charities North

Phone: 978-740-6923

Website: www.ccab.org/?q=location-north-boston

Hours: by appointment only

Services: Provides emergency food gift cards to families and individuals once every four months.

Eligibility Requirements: proof of North Shore residence

Essex County Hunger Relief

www.essexcountyhungerrelief.org

Services: database of food resources searchable by town

Haven From Hunger

71 Wallis Street, Peabody, MA

Phone: 978-531-1530

Website: havenfromhunger.org

Services: Food pantry, soup kitchen

Hours: Pantry -- Mon, Tues, Thurs, Fri 10:30-2:00pm; Soup kitchen: Mon, Tues, Thurs, Fri 5:00pm-6:00pm

Eligibility Requirements: Pantry -- proof of residence and low-income requirements for Salem, Peabody and Lynnfield; Soup kitchen -- none

Joseph's Storehouse

207 Highland Ave., Salem, MA 01970

Phone: 978-594-4423

Website: jshfoodpantry.com

Hours: Saturdays 10:00-3:00pm

Services: Food pantry

Eligibility Requirements: Photo ID, current utility bill showing Salem or Swampscott residence and information pertaining to household income. If you have dependent children living with you, please bring their birth certificate(s). Only one adult per household may be a pantry participant.

Emergency Food Resources

Lifebridge

56 Margin Street, Salem, MA 01970

Phone: 978-744-0500

Website: lifebridgesalem.org

Hours: Breakfast – 6:30am-9:00am; Lunch – 12:30pm; Dinner – 6:30pm; Mon – Fri except no lunches on Tues/Thurs.

Services: Community Meals; shelter

Massachusetts Dept. of Transitional Assistance (DTA)

Phone: 800-249-2007 (application hotline)

Website: www.mass.gov/dta

Hours: Mon-Fri 8:45am-5:00pm

Services: Provides families with food and cash assistance. Also assists with emergency shelter

Eligibility Requirements: low-income

North Shore Office: 35 Congress Street, Salem, MA 01970; 978-825-7300; hours: Mon-Fri 7:00am-5:00pm

Meals on Wheels

North Shore Elder Services

300 Rosewood Drive, Suite 200

Danvers, MA 01923

Phone: 978-750-4540

Website: <http://nselder.org/service-area/nutrition-programs-for-north-shore-elders/>

Services: Provides meals 5 days per week to housebound seniors

Eligibility: 60 years and older; assessment of housebound status

North Shore Moving Market

Phone: 978-744-2532

Website: www.nsmm.org

Services: Delivers groceries monthly to residents in need

Eligibility: 55 years and older; must meet income guidelines

Project Bread Food Source Hotline:

Phone: 800-645-8333

Website: projectbread.org/get-help/foodsource-hotline.html

Hours: Monday through Friday 8:00am-7:00pm; Saturdays 10:00am-2:00pm

Services: Hotline refers callers to emergency resources in their community in 60+ languages.

Emergency Food Resources

Salem Pantry

211 Bridge Street, Salem, MA 01970

Phone: 978-317-3738

Email:

Website: thesalempantry.org

Hours: Last Saturday of each month from 9:30-11:00am

Services: Food pantry

Eligibility requirements: Open to Salem residents. Requires the following each month: A photo ID; a recent piece of mail, dated within 2 months, with their name and a Salem address; eligibility for USDA food that is handed out separately.

Salvation Army

93 North Street, Salem, MA 01970

Phone: 978-744-5181

Website: www.salvationarmyMA.org/NorthShore

Hours: Mon-Wed-Fri 9:00am-11:00am

Services: Food pantry; youth outreach/job training

Eligibility requirements: proof of Salem/Peabody residence

Women, Infants and Children (WIC)

Phone: 978-744-8388

Website: www.wicprograms.org/state/massachusetts

Services: Provides supplemental food and nutrition information to low-income pregnant, breastfeeding, and postpartum women

Eligibility Requirements: low-income women with children ages 5 and under.